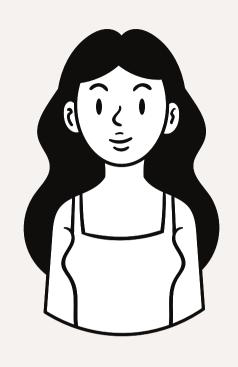
MY BODY AND SAFETY

O Dariia Orlova-Zhernovaya





Everyone has their own intimate places

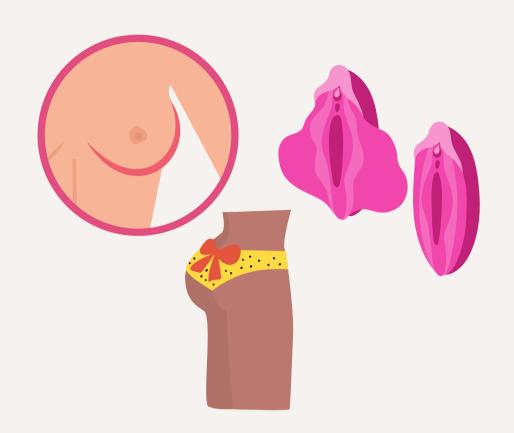
Such places are for adults and children, for girls and boys

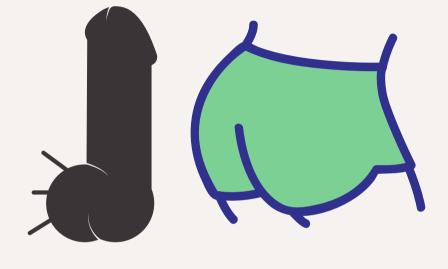




Intimate places are hidden under panties and a T-shirt or bra

In summer we hide intimate places under a swimsuit or swimming trunks





The intimate places for girls are the breasts, vulva and butt

The intimate places for boys are the butt and the penis



No one can touch your intimate places except your parents or the doctor

No one can force you to touch intimate places of other people



No one can demand to show your intimate places



No one can force you to look at her/his intimate places





No one can photograph your intimate places

No one can spy on you in the toilet, shower or while changing of clothes





There is a safe touch: a handshake, hugs with loved ones, touch to the shoulders or arms

There is a dangerous touch: when touching intimate places or making hurt





If you are scared or uncomfortable - do not be silent: shout or make noise

You always can say "stop out" loud or call for help from adults



Whatever happens, you need to tell your mother or another adult



They will help and protect you from bad people. Do not be afraid, because the offender is always guilty. Take care of yourself!