

2026 Letter template



Below is a suggested text template you can adapt and/or translate to send to your local, national or European policymakers and/or government officials.

PLEASE NOTE: Do not send the text without first adding the relevant information (policymaker's name, your signature, etc).

Copy and paste each section into the respective fields of your email (subject, body text, etc).

Recipients	To: [Insert name and title] Ideally, the letter will be sent to: <ul style="list-style-type: none">• Your national MEPs• The Minister of Health, Disability• Other relevant Ministers and policymakers
Subject	[Sign our pledge] Championing the rights of autistic people in Europe
Text	<p>Dear [Insert the name of policymaker],</p> <p>I'm writing to you on the behalf of [YOUR ASSOCIATION NAME] and Autism-Europe as part of the "Not invisible" campaign during Autism Month. We invite you to sign a pledge (attached), as already done by 80+ MEPs and candidates and national policy-makers, to demonstrate your commitment to ensuring no autistic person is left behind in the European Union.</p> <p>Autism is a complex lifelong developmental disability experienced differently by each individual. An estimated 7 million people in Europe are autistic, yet for many, this reality is one of systemic exclusion. Autism is often described as an "invisible disability". Yet the barriers autistic people face are very real: discrimination to access education and work, healthcare, lack of adequate support in the community, and stigmatisation. Too often, autistic people remain <i>not seen, not heard and not considered</i> in policies and practices at European, national and regional levels.</p> <p>Our campaign "Not invisible" demands that autistic people be seen and recognised as rights-holders, citizens, and contributors to society, in line with the UN Convention on the Rights of Persons with Disabilities (UN CRPD).</p> <p>We hope to work with you to ensure:</p> <ul style="list-style-type: none">• Systematic involvement of autistic people and their organisations in policy design, implementation and monitoring, through co-production and participatory research at EU, national and regional levels.• A strong rights-based approach to autism, embedded across disability, social, education, employment and health policies.

	<ul style="list-style-type: none">• Member States to transition from guardianship toward supported decision-making systems that respect the legal capacity of all autistic people.• Disability-specific data collection, with publicly available evaluations and meaningful participation of autistic people at all stages. <p>For more information, see attached Autism-Europe's manifesto for a strong European Disability Strategy (2021-2030).</p> <p>I am looking forward to hearing from you and please let me know in case you have any questions.</p> <p>Kind regards,</p> <p>[Sign with your name]</p>
Attachments	Autism-Europe's pledge and manifesto Link to our Not invisible campaign website: https://not-invisible.org/